

The Great **FIRST** Food Pyramid



Grease, Cutting Oil, Aluminum Shavings, etc. Group

Care should be taken to avoid as much of this group as possible because of possible health side effects.

This group should be consumed sparingly.

Everything Else Group

Suggested Servings per day:
Just enough to keep yourself healthy with a balanced diet.



Pizza Group

Suggested Servings per day:
Minimum Three Slices Per
Every Six Hours



Donut Group

Suggested Servings per day:
Minimum Three Donuts Per Day

Mountain Dew Group

Suggested Servings per day:
Minimum 12 Ounces Per Every
4 Hours of Building.

```
If (Programmer==True)
{
    MtnDewIntake = ServingSize * 4 ;
}
```



*Poster Designed By Arthur Dutra
"Gus" Robotics Team 228 :: www.team228.org*

***The FIRST Food Pyramid is only applicable during the time span between the Kickoff Event and the Ship Date.**